

禁忌新陈代谢情况

【注：以下症状在生活早期就可以展示出；而卟啉病可能在任何时候发展】

Carnitine deficiency (primary)	肉碱缺乏
Carnitine palmitoyltransferase (CPT) I or II deficiency	肉毒碱棕榈酰基转移酶 CPT I-II 缺乏
Carnitine translocase deficiency	肉碱移位酶缺乏
Beta-oxidation	β-氧化缺陷
Mitochondrial 3-hydroxy-3-methylglutaryl-CoA synthase (mHMGs) deficiency	_____合成酶（mHMGs）缺乏
Medium-chain acyl dehydrogenase deficiency (MCAD)	
Long-chain acyl dehydrogenase deficiency (LCAD)	
Short-chain acyl dehydrogenase deficiency (SCAD)	
Long-chain 3-hydroxyacyl-CoA deficiency	
Medium-chain 3-hydroxyacyl-CoA deficiency	
Pyruvate carboxylase deficiency	
Porphyria	卟啉病，血紫质病

禁忌健康情况

如果你有以下情况，请跟你的医生讨论关于实施生酮饮食

History of pancreatitis	胰腺炎 病史
Active gall bladder disease	活跃的 胆囊疾病
Impaired liver function	受损的的肝脏功能
Impaired fat digestion	受损的脂肪消化
Poor nutritional status	差的健康状态
Gastric bypass surgery	胃分流术/胃绕路手术
Abdominal tumors	腹部肿瘤
Decreased gastrointestinal motility	下降的胃肠蠕动.这个可能跟传统的癌症治疗，以及相关的药物有关
History of kidney failure	肾衰竭病史
Pregnancy and lactation	怀孕和哺乳